

2026 SPRING RYDE Dance Class Schedule

Mondays

<u>Teacher</u>	<u>Time</u>	<u>Class</u>
Ms. Marie	5:15-6:00	Pre-Ballet (ages 3-5)
Ms. Marie	6:00-6:45	Beginner Ballet (ages 6-9)
Ms. Jordyn	6:45-7:30	Cheer & Pom (ages 6 & up)
Ms. Jordyn	7:30-8:15	Jazz Funk (ages 10 & up)

Tuesdays

<u>Teacher</u>	<u>Time</u>	<u>Class</u>
Ms. Marie	5:15-6:00	Intermediate Ballet (ages 10-14)
Ms. Marie	6:00-6:45	Beginner Lyrical/Contemporary (ages 8 & up)
Ms. Marie	6:45-7:30	Musical Theater (ages 8 & up)
Ms. Marie	7:30-8:15	Lyrical/Contemporary *teacher placement

Wednesdays

<u>Teacher</u>	<u>Time</u>	<u>Class</u>
Ms. Jayda	5:00-5:45	Teen Hip-hop (ages 10 & up)
Ms. Alexius	5:45-6:30	Beginner Majorette (ages 5 & up)
Ms. Ruby	6:30-7:15	Beginner Modern Dance (ages 8 & up)
Ms. Ruby	7:15-8:15	RYDE Dance Company Practice *company members only

Thursdays

<u>Teacher</u>	<u>Time</u>	<u>Class</u>
Ms. Marie	5:00-6:00	Beginner Tap/Jazz Combo (ages 5-10)
Ms. Marie	6:00-6:45	Beginner Acro/Tumbling Combo (ages 5-10)
Ms. Wesleigh	6:45-7:30	Kids Hip-hop (ages 5-10)
Ms. Wesleigh	7:30-8:15	Adult Hip-hop (ages 18 & up)

Free Friday "Open Gem" Workshops

January 16	5:30-7:00	Skills & Drills – Leaps, Turns, & Splits w/Ms. Samantha
February 20	5:30-7:00	Strength & Conditioning – Balance, Coordination, & Flexibility w/Ms. Jordyn
March 20	5:30-7:00	Musicality & Movement – Rhythm, Expression, & Connection w/Ms. Marie
April 17	5:30-7:00	Improv & Choreography – Emotions, Energy, & Creativity w/Ms. Ruby
May 8	5:30-7:00	Stage Readiness – Presence, Accidents, & Costume Transitions w/Ms. Marie

Mondays

Pre-Ballet (Ages 3–5)

Introduce your child to the world of dance with our Pre-Ballet class! Young dancers explore movement, coordination, and musicality through playful activities and imaginative games. This class builds confidence and joy in movement while laying the foundation for future ballet training.

Beginner Ballet (Ages 6–9)

Perfect for elementary-aged dancers, Beginner Ballet teaches fundamental ballet technique, posture, and terminology. Students develop flexibility, balance, and grace while learning simple combinations and choreography in a supportive, encouraging environment.

Cheer & Pom (Ages 6–9)

This high-energy class combines cheerleading basics with pom dance routines. Dancers practice jumps, chants, and formations, building teamwork and spirit while learning fun, upbeat routines set to popular music.

Jazz Funk (Ages 10 & Up)

Jazz Funk blends classic jazz technique with contemporary, commercial dance styles. Students learn expressive movements, isolations, and stylized choreography—perfect for those who love energetic and modern dance.

Tuesdays

Intermediate Ballet (Ages 10–14)

For dancers with prior ballet experience, this class builds on technique, artistry, and strength. Students work on more complex combinations, turns, and leaps, enhancing their ballet vocabulary and performance skills.

Beginner Lyrical/Contemporary (Ages 8 & Up)

Discover the beauty of expressive movement in our Beginner Lyrical/Contemporary class. Dancers blend elements of ballet and jazz with contemporary styles, focusing on emotion, storytelling, and fluidity. This class encourages creativity and connection, helping students develop artistry and confidence as they learn choreography that emphasizes both technique and personal expression.

Musical Theater (Ages 8 & Up)

Step into the spotlight! This lively class combines dance, acting, and storytelling. Dancers learn choreography inspired by Broadway musicals, practice stage presence, and explore character work through movement and song.

Lyrical/Contemporary (Ages 10 & Up, Teacher Placement)

This expressive class blends ballet and jazz technique with contemporary movement. Dancers explore emotion, storytelling, and fluidity, learning choreography that emphasizes connection and artistry. Placement by teacher ensures appropriate level.

Wednesdays

Teen Hip-Hop (Ages 10 & Up)

A fast-paced class for older dancers, focusing on advanced hip-hop styles, musicality, and freestyle. Students learn intricate choreography and develop confidence in their unique movement.

Beginner Majorette (Ages 6 & Up)

Introduction to majorette dance, featuring baton twirling, sharp movements, and parade-style routines. Dancers build coordination, precision, and performance skills in a fun, supportive setting.

Beginner Modern Dance (Ages 8 & Up)

Explore modern dance fundamentals, including floor work, improvisation, and expressive movement. Dancers learn to move creatively and develop their own style while building strength and flexibility.

RYDE Dance Company Practice (Company Members Only)

Exclusive practice sessions for company members, focusing on advanced choreography, technique, and performance preparation for competitions and showcases.

Thursdays

Beginner Tap/Jazz Combo (Ages 5-10)

Make music with your feet and move with energy! This lively combo class introduces young dancers to both tap and jazz techniques. Students learn basic tap steps, rhythms, and combinations, as well as upbeat jazz movements including kicks, turns, and leaps – all in a fun and supportive environment.

Beginner Acro/Tumbling (Ages 5-10)

This class combines dance with basic acrobatics and tumbling skills. Dancers work on flexibility, balance, and strength through fun exercises and simple tricks, enhancing their overall movement abilities.

Kids Hip-Hop (Ages 5-10)

An upbeat introduction to hip-hop, this class focuses on rhythm, coordination, and self-expression. Dancers learn basic hip-hop moves, grooves, and fun routines set to popular music, all in a positive and creative atmosphere.

Adult Hip-Hop (Ages 18 & Up)

Unleash your energy and style in Adult Hip-hop! Designed for adults of all experience levels, this class features upbeat music, dynamic choreography, and a welcoming atmosphere. Participants build rhythm, coordination, and confidence while learning the latest hip-hop moves and grooves. Whether you're new to dance or returning after a break, this class is a fun way to stay active and express yourself.

Free Friday “Open Gem” Workshops *once per month on the 3rd Friday

January 16:

- **Skills & Drills – Leaps, Turns, & Splits (w/Ms. Samantha)**

Focused workshop to improve technical skills such as leaps, turns, and splits. Dancers receive targeted instruction and drills to enhance their technique and flexibility.

February 20:

- **Strength & Conditioning – Balance, Coordination, & Flexibility (w/Ms. Jordyn)**

Build physical strength, balance, and flexibility in this workshop. Dancers engage in exercises and activities designed to support overall dance performance.

March 20:

- **Musicality & Movement – Rhythm, Expression, & Connection (w/Ms. Marie)**

Emphasizing musicality, rhythm, and expressive movement, this session helps dancers connect with music and convey emotion through dance.

April 17:

- **Improv & Choreography – Emotions, Energy, & Creativity (w/Ms. Ruby)**

Explore improvisation and choreography in this creative workshop. Dancers practice emotional expression and learn to craft their own dance sequences.

May 8:

- **Stage Readiness – Presence, Accidents, & Costume Transitions (w/Ms. Marie)**

Prepare for stage performances with a focus on stage presence, handling unexpected situations, and managing costume changes smoothly.

Special Pop-up Workshops

Pop-up workshops are offered throughout the year, providing dancers with unique opportunities to explore new styles, techniques, and creative approaches. Each session is designed to enhance specific skills and foster a sense of community within the studio.

1. Glow-in-the-Dark Dance Party

- Dancers wear neon or white clothing, and the studio is lit with blacklights.
- Includes glow sticks, face paint, and a fun, club-like atmosphere.

2. Parent & Child Dance Jam

- A class where parents and kids learn a simple routine together.
- Great for bonding and introducing dance to families.

3. TikTok Trends Workshop

- Learn and film popular TikTok dance challenges.
- Perfect for teens and social media enthusiasts.

4. Latin Dance Night

- Salsa, bachata, or merengue basics.
- Includes social dancing and mini-performances.

5. Partnering Skills Workshop

- Focus on trust, timing, and communication in dance partnering.
- Can be themed for ballroom, contemporary, or hip-hop.

Clean and polished routines and choreography workshops

6. Dance Fitness Fusion

A high-energy workshop that blends dance styles with fitness routines. Ideal for participants seeking a fun way to improve their health and coordination while exploring new moves.